

THE HADLEIGH PRACTICE

Complimentary Information Pack

DISTRICT NURSING TEAM

The District Nursing Team is based at the Hadleigh Lodge surgery and incorporates a mixed-skill nursing staff who offer nursing care to patients who are completely housebound and unable to attend either one of the surgeries. The team are able to support patients in their own homes with the following services:

- Assessment of needs
- Contenance care
- Chemotherapy/radiotherapy support
- Drug therapy management
- Post surgical/hospital discharge care
- Chronic disease support and management
- Equipment requisition to help maintain independence
- Wound management
- Palliative care
- Venepuncture (blood testing)
- Pain management
- Signposting to other agencies
- Health education and health promotion

NURSE & HEALTH VISITOR CLINICS

The Health visiting and Nursing Teams provide a variety of services which include:

✓ *General Clinic*

All our practice nurses are able to do Ear Syringing, Dressings and some injections. There is a surgery every morning and afternoon each weekday at Hadleigh House and Hadleigh Lodge.

✓ *Travel Clinics (For advice on vaccinations needed)*

Hadleigh House – Mon & Weds afternoons

Hadleigh Lodge – Mon afternoon

(Other appointments can be made by arrangement)

✓ *Immunisation Clinics – Including immunisations for Tetanus, Diphtheria, Whooping Cough, Polio, Meningitis C, MMR and Pre School Boosters.*

Hadleigh Lodge - Weds afternoon & Thurs 11.00am – 12.00

(Other appointments can be made by arrangement)

✓ *Coronary Heart Disease Clinic*

This is a new Clinic set up to monitor all patients who have had a coronary event or have been diagnosed as having angina and is run by one of our practice nurses.

Hadleigh House – Tuesday afternoons

Hadleigh Lodge – Tuesday mornings

If you fall into this category and wish to avail yourself of this opportunity, we will arrange for you to have your cholesterol checked before hand so that the results are available at each visit.

✓ *Diabetic Clinic*

All our diabetic patients are checked every 6 months, either in the practice or at the hospital. Your diet and weight are checked and diabetic control is discussed and arrangements made for you to see a doctor if necessary. Prior to the clinic you will need to have a blood form so that the results are available at each visit.

Hadleigh House - Monday mornings (alt) & Tuesday mornings

Hadleigh Lodge - Monday mornings (alt) & Thursday afternoons

✓ *Cytology Clinic*

Appointments can be made at Hadleigh House and Hadleigh Lodge.

✓ *Asthma Clinic*

Asthma Clinics are run weekly at Hadleigh House and Hadleigh Lodge surgeries on:-

Hadleigh House - Monday afternoons

Hadleigh Lodge - Monday and Wednesday afternoons

A trained asthma nurse will discuss asthma control, education and future management.

In addition the Health visiting team also offer the following

✓ *Antenatal Classes*

✓ *Under Ones Group*

✓ *Relationship Counselling*

✓ *Child Health Clinics - Held in conjunction with Dr Bridgman*

Hadleigh Lodge - Every Wednesday 1 .30pm - 3.30pm

**For further information on the above Health Visitor Clinics,
contact The Health Visitor Team on 604345**